



Journaling Experience

A Perfect Day

Write a short story about your perfect day.

Let your imagination and dreams carry you away and create your perfect day on paper. There are no limits of any kind. Anything is possible. As you write –visualize your writing. If you like, add some pictures that capture your perfect day. Let yourself dream.

What would it be like?

Where would you go?

What would you experience?

With whom would you share it?



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